



HORIZONS

Cope Foundation in Cork Communities

Social Buddy Volunteer - Cork City / Togher



Cork City / Togher area



Once a week for 2 to 4 hours
in the afternoon, on a day that
suits the volunteer.

What you will be doing:

You'll be providing friendship and support to Con, a wonderful, friendly young man who is supported by Horizons. Con is looking for a volunteer who enjoys getting out and about and sharing everyday experiences.

What would Con like to do with a volunteer?

- Go to the pub to watch matches together
- Attend a Cork City FC match
- Meet up for a walk or take a bus trip
- Use his companion pass for a day out or local adventure
- Spend time at home learning new cooking skills.

What you need:

You need to be a good listener - Con is a great man to chat. A patient, calm and kind attitude. Shared interests with Con such as sports, the outdoors and pop culture. If you have some basic cooking skills to share with Con that would be great.

Ready to join us?

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie

Visit www.horizonscork.ie for further information on volunteering with Horizons.