



HORIZONS

Cope Foundation in Cork Communities

Social Club Volunteer - Glasheen



The club will take place once a month on the **second Tuesday of each month** from 5:30 to 7:30 pm

What you will be doing:

Assisting staff to run an evening social club for adults supported by Horizons. The club will take place once a month on the first Tuesday of each month from 5:30 to 7:30 pm. It will have various activities including disco, pool, arts and crafts, music etc. with light refreshments provided.

The volunteer role could involve assisting with pre planning for the event, or assisting on the night with refreshments, dancing and general participation in activities. A similar club was run by volunteers previously and was very popular fun evening for all.

What you'll gain:

This role is a wonderful opportunity for anyone considering a career in the disability sector or for anyone who has some time to spare and wants to spend it in a fun, rewarding and sociable way.

Volunteer involvement will allow us to re-establish this evening social club, which we hope will involve both people supported by Horizons and various community groups to allow opportunities for wider community engagement for all.

The people we support in Horizons have told us that they really miss this club and want to see it up and running again.

Volunteers will gain great satisfaction in knowing that they can help re-establish it, and from the joy that it will bring to everyone attending. It should also be great fun on the night!

What you need:

You need to be a kind, friendly, patient person who is willing to get involved in the dancing, games, art etc. and provide friendship to the people we support.

Ready to join us?

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie

Visit www.horizonscork.ie for further information on volunteering with Horizons.