



Horizons

Cope Foundation in Cork Communities

Social Buddy - Montenotte



Montenotte



2 to 3 hours weekly or fortnightly,
any day except Thursday

What you will be doing:

You will be supporting a person to go on walks, go to the city centre, attend occasional events such as concerts, and matches, go to cafes and restaurants, play board games and gardening.

What you'll gain:

You will be supporting a person to get involved in activities they enjoy and provide company.

What you need:

You will need to have good communication skills and a friendly and caring attitude.

Ready to join us?

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie

Visit www.horizonscork.ie for further information on volunteering with Horizons.