



Horizons

Cope Foundation in Cork Communities

Social Buddy - Cork City



Cork city centre



Monday morning for 3 hours, Monday afternoon or Tuesday

What you will be doing:

You will be supporting a person who likes to do fun activities in their local community such as swimming, long walks, running, going to the cinema, cafes and restaurants.

What you'll gain:

You will be supporting a person to get involved in activities they enjoy and provide company.

What you need:

You will need to have good communication skills, a sense of fun, enjoy physical activities and have a friendly and caring attitude.

Ready to join us?

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie

Visit www.horizonscork.ie for further information on volunteering with Horizons.