



Horizons

Cope Foundation in Cork Communities

Community Engagement Volunteer - Ballyvolane/Blackpool



**Ballyvolane
/Blackpool**



**A morning/afternoon slot for between 2 and 4 hours
between Monday & Friday.**

What you will be doing:

You will be supporting individuals to achieve personal goals and become active citizens with socially valued roles taking their rightful place in their local communities. Examples of the activities these Hubs engage in are gym sessions, exercise classes, educational classes, trips to the cinema and various independent living skills etc.

What you'll gain:

You will interact with people who have an intellectual disability in a fun and positive atmosphere. You will make a meaningful impact on the quality of people's lives whilst also getting involved in an activity you enjoy.

What you need:

You should be interested in an active and social lifestyle and encourage the same amongst the people we support. A positive, kind attitude. Fluent English is also essential. You will need to be flexible as our service is person centred and therefore guided by the will and preference of the people we support.

Ready to join us?

Please contact Milly Farrell, Volunteer Coordinator:

Phone: 021-4643294 / 086-0412354 or email: volunteer@horizonscork.ie

Visit www.horizonscork.ie for further information on volunteering with Horizons.