



# HORIZONS

Cope Foundation in Cork Communities

Do you enjoy **cooking or baking**?

## Cooking / Baking Buddy

We would love a volunteer to facilitate a course of cooking/baking with a group of 2 or 3 people we support in the Ballincollig area.

The volunteer will need to have some experience of cooking/baking basic dishes. We'd like to have a two-hour weekly session between the hours of 10 am and 2 pm on any day, Monday to Thursday.

*No experience of people with disabilities is required as training and support will be provided. Volunteers need to have patience, a kind, caring attitude and an interest in helping people to be more independent.*

*The Volunteer will provide a meaningful life skill through a fun activity and make new friends with the people they support.*



We'd like to have a two-hour weekly session between the hours of 10 am and 2 pm on any day, Monday to Thursday.



Ballincollig area

**Please contact Milly Farrell, Volunteer Coordinator:**

Phone: 021-4643294 / 086-0412354 or email: [volunteer@horizonscork.ie](mailto:volunteer@horizonscork.ie)