

An Cuan is a service that works with people in Cork and Kerry.



An Cuan supports adults with an intellectual disability with or without autism.



An Cuan works with you to plan supports in different parts of your life.



This plan will ask what are the things you want?

What are the things you need?
What do you need to get them?



The plan will help to make changes so that you can have a good life.



We will work with the people in your circle of support.

These are the people who know you well.

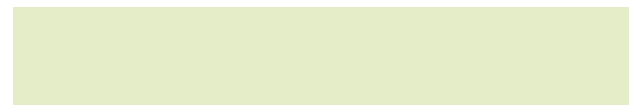
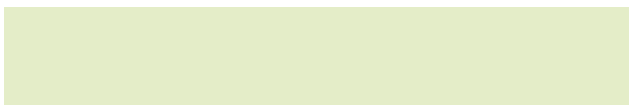
You can ask us questions about what we are doing at any time.



If you want more information about An Cuan

Talk with your family or key worker.

Watch An Cuan's information videos on our website.



An Cuan Regional Outreach Support Service

**An Cuan Regional Support Service,
Horizons, Montenotte,
Cork T23 PT93**